

August Gathering - July 29, 2018:

Sound Healing Meditation

First order of business at the event was to **Thank** the retiring board members and welcome in the new. Thank you to **Joan Boccio, Sandra Wennhold and Judi Catling** for all they have done for the SDRC.

We are an all volunteer Board and greatly appreciate both old and new Board Members!!!

L. to R. Julie Anne Moore, Allison Brilmyer, Kat Papike, Jan Burke, Serena Poisson, and Mary-Joy Neuru. Susi Vine was out of town for this event.



Sound Healing

It is amazing how much information and research there is on Sound Healing.

Thank you Mary-Joy for a glimpse into Sound Healing and how we can use Sound to accompany our Reiki Treatments.

Plus the Meditation with the Crystal Singing Bowls was out of this world.







This is a full set of harmonic Alchemy Singing Bowls - Low A# to High E



We also honor our new Members at each Gathering by presenting a Membership Certificate. If you have not yet received yours, Come Join us for the next Gathering Event!!



Special Kudos goes to **Joan Boccio!!** She is going to continue to help with Outreach until others can step up to take over.
Anyone interested?



Serena and Marianne Zanzig
Unfortunately Hollie MacTavish and Elizabeth Hurley are not shown.



Amber Kellerhouse